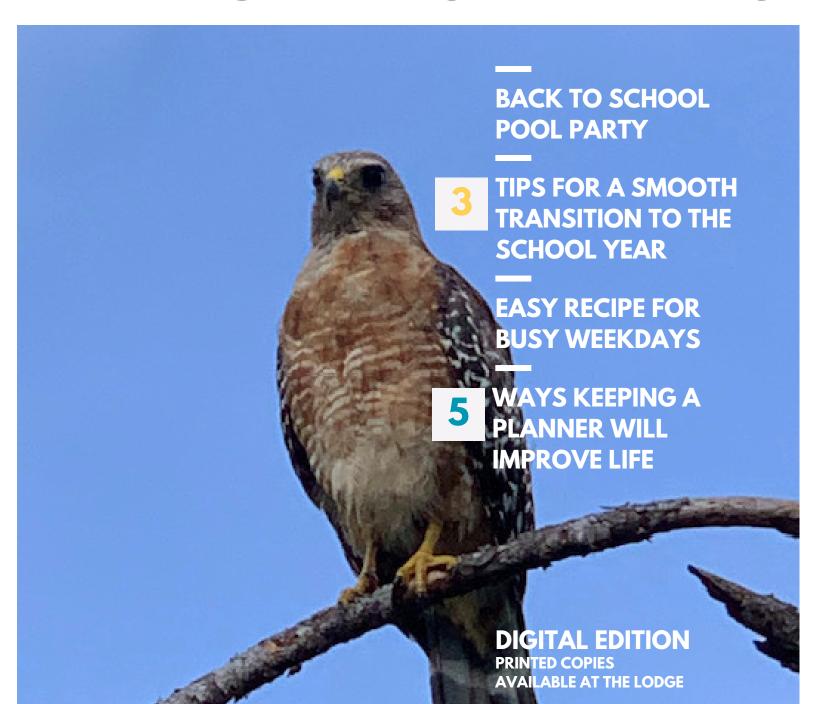
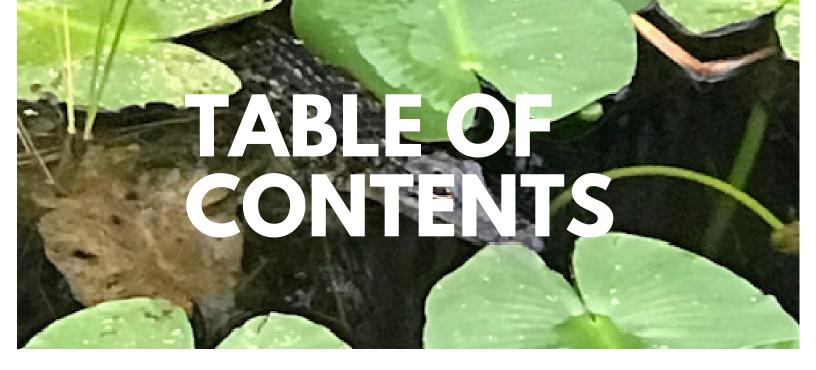


# NATURE'S NEWS





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# CHECK JUVENILE AMERICAN ALLIGATOR

# THINK SMARTER

# MAKE BACK TO SCHOOL A BREEZE WITH THESE LOCAL TIPS

1

#### **Staying Safe**

Crossing US 41 to walk to LOLHS can be quite the experience. Make sure students are taught to cross inside the crosswalks and to be alert for distracted drivers.

2

#### Fuel Up

Don't forget, in addition to our local Dunkin Donuts, students can also get that surge of caffeine and breakfast they are looking for while supporting a local business by visiting Aroma Joe's. Many local students prefer the AJ vibe, and the AJ Rush energy drinks.

3

#### Wakey Wakey!

Get into your back to school routine by also waking at school times during the weekends. This will help your rhythms adjust so that you are more rested during the school days.

- Wake up early
- Eat healthy breakfasts
- Get plenty of exercise
- Bring a water bottle

# TASTE OF ITALY

#### **WILDERNESS VERSION**

In the spirit of back to school, here is a super easy recipe that tastes like it came from your favorite countryside cafe in Italy. This recipe recreates a popular italian dish loved by many. It's an italian rustic dish, which features Publix's new and fancy Bucatini Pasta and Rao's latest rockstar, Arribiata sauce. My family's favorite thing about bucatini? Sucking through the cooked pasta like a straw!

This recipe is a little spicy. If you're not into spice, just substitute the sauce with Rao's Marinara.

# SHOPPING LIST & DIRECTIONS

Rao's Arribiata Sauce Pancetta (or another protein of choice) Publix Bucatini

Italian-made grated Parmigiano Reggiano cheese

A nice bottle of Cab (for you, not the sauce)

Brown your pancetta, or cook the protein you chose, while boiling your pasta and then mix it all together and top generously with your favorite fresh italian herbs and the grated fancy cheese. That's it! Sit back and enjoy!





# 30 MINUTE WEEKNIGHT MEAL

# WILDERNESS

FIND YOUR
WILDERNESS
ADVENTURE
RIGHT HERE AT
HOME

#### **KAYAKING**



Paddling on Lake Wilderness is a great way to enjoy our local wildlife and get some exercise. You don't have to go all the way to the Hillsborough River to enjoy a paddle on the water

## INQUIRE AT THE LODGE

#### **FISHING**





Remember all of the wetlands in Wilderness Lake Preserve are for catch and release fishing only.

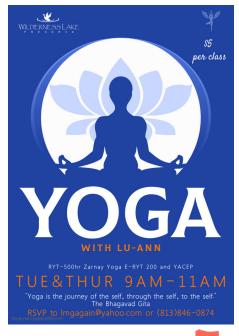
#### & CANOEING



EVENTS TEAM AT WILDERNESS

# AAPENING TAPPENING







FIND YOUR
PERFECT
ZEN OR ZIN

## **PLAN TO PLAN**

# 5 WAYS KEEPING AN ORGANIZER WILL IMPROVE YOUR LIFE



#### **Time Management**

Most planners separate into monthly, weekly and daily overviews, which allow you to customize how you plan your day, week, month and year. The notes section also comes in handy for adding anything you may need to pick up for the week, for example, grocery items. This will help you get a big picture view of your schedule, and allow you to prioritize your time.



#### **Be Productive**

·Having a planner will allow you to lock in a "system" and keep your focus on moving toward your goals. Without a "system," you are less able to prioritize every task that your schedule demands, and thus you become susceptible to procrastination.



#### Have a Record

·Finally, one major perk to keeping a daily planner is that you'll have an easy-to-access record of all your tasks, appointments, and notes.



#### **Forget Less**

A day planner, will ensure you never forget anything important again. Writing everything down in a central location, will allow you to remember where and when you have appointments, birthdays, important due dates for payments, etc.



5

#### **Less Stress**

Once you are making progress and increasing your productivity level, you will feel less stressed because you will know exactly what needs to be accomplished each month. Say goodbye to feelings of being out of control or overwhelmed with tasks, because you will know exactly what needs to be accomplished.

# WILDERNESS DAYS









# IMPORTANT ANNOUNCEMENTS

# FROM THE DISTRICT

O1 CDD Budget
Approval Meeting

This month's meeting on August 2nd addresses the approval of the CDD annual budget, which begins in August.

**O2** Splash Pad Update

The Splash pad is still awaiting a part, but is scheduled to be repaired the second week of August.

Access Granted!

Kids 12-15 can now come to the Lodge to receive their access bracelets which grant access to the pool and tennis courts.

# AROUND THE LODGE

#### **BOHEMIAN WALL ART**





















Residents gathered in the activity center to craft their own Bohemian wall art creations by choosing unique fabrics and embellishments to complete their ideal wall-hanging. A great time was had by all and we are so excited to know that these beautiful works of art are now adorning the walls of the beautiful homes of Wilderness Lake Preserve.

NATURE'S NEWS - AUGUST 2023

# AROUND THE LODGE



#### **MONDAY STORY TIME**



Themed stories, well-conceived art projects, snacks and even song and dance fill the Nature Center every week. Although we will miss our school-aged kids as they return to the books and Summer break comes to an end, we still have many exciting storytime mornings to look forward to. These children are having a fun time snacking and crafting.

Storytime is held Mondays at 10:30am.

NATURE'S NEWS - AUGUST 2023

# CONTACTS

#### **WILDERNESS LODGE**

21320 WILDERNESS LAKE BLVD. LAND O' LAKES, FL 34637

813-995-2437

#### **BOARD OF SUPERVISORS**

HOLLY RUHLIG, CHAIR
BRIAN NORRIE, VICE CHAIR
BETH EDWARDS, SECRETARY
HEATHER HEPNER, SECRETARY
AGNIESZKA FISHER, SECRETARY

#### **DISTRICT STAFF**

TISH DOBSON,

LODGE & DISTRICT MANAGER

TERRI OAKLEY

ASSISTANT MANAGER

**EVENT BOOKING & SPACE RENTALS** 

#### LODGE HOURS OF OPERATION

SUNDAY: NOON - 9:00 PM

MONDAY - FRIDAY: 9:00 AM - 9:00 PM

SATURDAY: 10 AM - 10:00 PM

#### FITNESS CENTER HOURS OF OPERATION

OPEN 365 DAYS WITH ACCESS CARD 5:00 AM - 11:00 PM

SUPERVISORWLP4@GMAIL.COM SUPERIVISORWLP4@GMAIL.COM SUPERIVISORWLP4@GMAIL.COM SUPERIVISORWLP5@GMAIL.COM SUPERIVISORWLP1@GMAIL.COM

MANAGER@WLPLODGE.COM

TOAKLEY@WLPLODGE.COM

EVENTS@WLPLODGE.COM

#### **GARBAGE PICKUP - WASTE CONNECTIONS**

TUESDAY & FRIDAY AM

RECYCLING

WEDNESDAY AM

727-847-9100

